

# CURRICULUME VITAE

## PERSONAL INFORMATION

<b>Full name :</b>	<b>PANAGIOTIS KORELLAS</b>
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<b>Nationality :</b>	<b>Greek</b>
<b>Marital status :</b>	<b>Single</b>
<b>Date of birth :</b>	<b>28/04/1971</b>
<b>Gender :</b>	<b>Single</b>

## EDUCATION

<b>1989</b>	<b>High school (lyceum) graduation at Neo Iraklion, Athens</b>
<b>1990-1994</b>	<b>Bachelor in Gymnastics Specialization in tennis</b>
<b>1994-1997</b>	<b>Bachelor in Physiotherapy Dissertation topic: "Colle's fracture"</b>
<b>2014-2016</b>	<b>Master Adapted Physical Activity</b>
<b>2016-</b>	<b>Phd Treatment Psychological Disorder through Therapeutic Exercise</b>

## WORKING EXPERIENCE

<b>11/2013 - now</b>	"Hippos & Therapy" Therapeutical Riding Club Ekali
<b>12/2009 – 8/2014</b>	<b>General Public Hospital for Pulmonary Diseases "SOTIRIA", Athens. Department of physiotherapy and rehabilitation centre</b>  <b><u>Position:</u> Physiotherapist</b>  <b><u>Main activities and responsibilities:</u></b> I had worked in rotational basis to all clinics of the hospital which are: <ul style="list-style-type: none"><li>✓ 12 pneumonological clinics</li><li>✓ 2 pathological clinics</li><li>✓ 1 general surgery clinic</li><li>✓ 1 thoracic surgery clinic</li></ul>

- ✓ Department of physical and medical rehabilitation
- ✓ Infectious diseases (ID) unit
- ✓ Pulmonary rehabilitation to severe COPD out-patients and
- ✓ 3 ICU

It is noteworthy that I have worked to the university clinic of the hospital which has pathological, surgical, pulmonological department and ICU.

Additionally, I have worked as emergency physiotherapist and I have trained intern physiotherapists from National Physiotherapy Universities of Greece.

**12/2009 – 12/2014**

**En kinisi Physiotherapy Centre**

**Position: Supervisor and special treatment consultant**

**2002 – 2004**

**Hellenic Association of Field Hockey OLYMPIC TEAM 2004**

**Position: Advanced Physiotherapist**

**Main activities and responsibilities:**

- ✓ Physiotherapeutic treatment of teams
- ✓ Preventive therapy for avoiding injuries

Participation in the preparation of teams at international training centres and official global tournaments (Netherlands, Egypt, Germany, Belgium, Ireland, Croatia).

**09/2004**

**Paralympics Games in Athens, Greece**

**Position: Voluntary Physiotherapist**

**Main activities and responsibilities:**

I offer my services as a voluntary physiotherapist in swimming sports at Athens Olympic Athletic Center(OAKA).

**1998-1999 &  
2001-2009 & 2015-now**

**En kinisi Physiotherapy Centre**

**Position: Physiotherapist and Manager**

**Main activities and responsibilities:**

- ✓ Depbyment of the private practice form the beginning (including physiotherapy equipment, organizing of secretary and reception, price policy and branding)
- ✓ Treatment of patients with cardio-respiratory, orthopaedics and neurological impairments.
- ✓ Rehabilitation of athletes

Participation in teams games as an emergency physiotherapist (contracts with **several teams**)

**Greek army**

**Position: Reserve officer and director of the 1<sup>st</sup> office**

**Main activities and responsibilities:**

- ✓ Responsible for the weapon equipment
- ✓ Responsible for the materials
- ✓ Trainer of new soldiers

**1999 – 2001**

**12/20015**

**Holand PARA-BADMINTON COURSE**

**2011 - 2013**

SEMINARS AT "SOTIRIA" HOSPITAL WITH VARIOUS TOPICS AS CONTINUING TRAINING IN PULMONARY REHABILITATION AND MEDICAL KNOWLEDGE.

**23/1/13**

*HOMEOPATHY*  
DR AGELOS PEFANIS

**31/1/13**

*LUNG INFECTIONS*  
DR EVAGELOS DIMAKAKOS

**6/2/13**

*VENOUS FAILURE*  
DR VASILIKI FILEDITAKI

**13/2/13**

*PULMONARY FIBROSIS*  
DR EVANGELOS SEPSAS

**20/2/13**

*PNEUMOTHORAX*  
DR KYTHREOTIS

**27/2/13**

*NON INVASIVE MECHANIC VENTILATION*  
DR DAGANOU

**6/3/13**

*FUNCTIONAL LUNG TEST*  
DR STAVROS DOUDOUNAKIS

*CYSTIC FIBROSIS*

**6/11/12**

**DIABETES MELLITUS(DM)**  
**DR AGELIS**

**13/11/12**

**TUBERCULOSIS**  
**DR SGOUNTSOS**

**20/11/12**

**OBESITY AND HYPOVENTILATION**  
**DR NIKOLOPOYLOS**

**27/11/12**

**ALLERGIC RHINITIS -ASTHMA**  
**DR SINANIOTIS**

**11/12/12**

**PREVANTION VAP**  
**DR DAGANOU**

**18/12/12**

**NON INVASIVE MECHANIC  
VENTILATION  
DR KYTHREOTIS**

**16/2/2012**

THE DEATH AS A FOLLOW OF LIFE  
DR GRIGORATOS

**23/2/2012**

LUNG CANCER  
DR FOTIS VLASTOS

**29/2/2012**

PREVENTION VAP  
DR MARY DAGANO

**8/3/2012**

TUBERCULOSIS  
DR VASILIOS SGOUNTZOS

**15/3/12**

STUDY XR/CXR(CHEST XR)  
DR IOANNIS NIKOLOPOULOS

**21/3/12**

BRONCHIECTASIS  
DR KATERINA DIMAKOU

**20/1/2011**

PHYSIOLOGY OF BREATHING/RESPIRATION  
DR KYTHREOTIS

DR KYTHREOTIS  
NON INVASIVE VENTILATION

**27/1/2011**

PULMONARY REHABILITATION A  
DR DASKALAKIS ANDREAS

**3/2/2011**

PULMONARY REHABILITATION B

DR DASKALAKIS ANDREAS

**4/2/2011**

OXYGEN THERAPY  
DR DAGANOU

**9/2/2011**

ATELECTASIS  
DR NIKOLOPOULOS

**16/2/2011**

ARDS (ADULT RESPIRATORY DISTRESS SYNDROME)  
DR TSAGARAKI

**23/2/2011**

SURGICAL RESECTIONS(LUNG ECTOMY  
AND PNEUMONECTOMY  
DR KONSTANDINOY MARIOS

**2/3/2011**  
**9/3/2011**  
**25/05/2013**

BRONCHECTASIS  
DR LOLIS

**SPECIALISED PHYSIOTHERAPEUTIC APPROACH IN PSYCATRIC  
PROBLEMS AND MENTAL DISORDERS**

**13/04/2013**

**3<sup>RD</sup> CONFERENCE OF HOMTD.  
TOPIC: "PAIN: NEUROPHYSIOLOGY- ASSESSMENT- MANAGEMENT"**

**7-9/12/2012**

**22<sup>ND</sup> PANHELLENIC SCIENTIFIC CONFERENCE OF PHYSIOTHERAPY,  
TOPIC: "Physiotherapy: Modern trends and**

**11/2012**

**9<sup>th</sup> PANPELLOPONISEAN MEDICAL CONFERENCE**

**12/2010**

**BASIC LIFE SKILLS, B.L.S. & AUTOMATIC EXTERNAL DEFIBRILLATOR,  
A.E.D.**

**11/2010**

**29<sup>TH</sup> ANNUAL CONFERENCE OF ORTHOPAEDICS AND  
TRAUMATOLOGIST ASSOCIATION**

**10/2001**

**3<sup>rd</sup> ISOKINETIC TRAINING SEMINAR FOR BIODEX SYSTEM 3**

**ADDITIONAL TRAINING**

1993-1994	<b>Diploma in Athletic Journalism</b> National sports academy, Sofia Bulgaria
2001	<b>Diploma in organic agriculture</b> Greek Ministry of Agriculture

## PROJECTS – PAPERS

<b>2010</b>	<b>9<sup>th</sup> PANPELLOPONISEAN MEDICAL CONFERENCE</b> <p>☞ <u>1<sup>st</sup> paper topic</u>: "Mobilization under anesthetic in facing of frozen shoulder".</p> <p>☞ <u>2<sup>st</sup> paper topic</u>: "Total knee replacement. Pre and post surgery physiotherapy programme".</p>
<b>2010</b>	<b>29<sup>th</sup> ANNUAL CONFERENCE OF ORTHOPAEDICS AND TRAUMATOLOGIST ASSOCIATION</b> <p>☞ <u>Paper topic</u>: Research at scoliosis in children aged 9-14, with different everyday activities.</p>

## WORKING LICENCES

<b>07/1997</b>	<b>LICENSE OF PHYSIOTHERAPIST</b> General Directorate of Public Health and Social Care.
<b>1/2007</b>	<b>LICENSE OF BADMINTON TRAINER</b> General Greek Secretarial of Sports.
<b>4/2009</b>	<b>LICENSE OF BADMINTON PUFFERY</b> General Greek Secretarial of Sports.
<b>6/1994</b>	<b>LICENSE OF TENNIS PUFFERY</b> International Tennis Foundation

## MEMBERSHIPS

<b>11/2015-Now</b>	<b>Federation of Adapted Physical Activity Balkan &amp; Black Sea Area</b>
<b>9/2014-NOW</b>	<b>Faethon Athens sports club</b>
<b>7/1997 - now</b>	<b>Hellenic Assosiation of Physiotherapist. Registration number:3473</b>
<b>2/1997 – now</b>	<b>Journalist of Northern Greece. Registration number:140</b>

## QUALIFICATIONS

☞ <b>GREEK</b>	➤ <b>Mother tongue</b>
☞ <b>ENGLISH</b>	➤ <b>Well</b>
☞ <b>BULGARIAN</b>	➤ <b>Excellent as a native speaker.....</b>

**COMPUTER SKILLS**

**VERY GOOD KNOWLEDGE(ECDL) AT:**

- Word**
- Power Point**
- Internet**

**INTERESTS – HOBBIES**

**SWIMMING, TENNIS, BADMINTON, RUNNING AND CYCLING**

**AGRICULTURE OF ORGANIC PRODUCTS**

**TRAVELS**